



FAMILY SUPPORT CENTRE INC.

PO BOX 4040
LAKEHAVEN 2263

3 LITERARY CLOSE
KANWAL 2259

PHONE: 4393 2383 FAX: 4393 1724
Website www.familysupportcentre.org.au
Email admin@fscentre.ngo.org.au



Wyang Shire

INTRODUCTION

Due to the increasing number of single parent families living in the Wyong Shire and the isolation felt by many of them, the Family Support Centre Inc. has identified a need for a comprehensive listing of all types of services available to Solo Parents and their families.

The majority of the services listed in this directory are not exclusively for solo parents, and can be of benefit to all members of the community.

All names and contact numbers were correct at the time of publication, January 2009. Any new services, corrections or suggestions for future editions will be gratefully received by:

The Solo Parent / Family Worker

3 Literary Close
Kanwal 2259

Phone: 4393 2383

Fax: 4393 1724

Email: admin@fscentre.ngo.org.au

Note:

When an appropriate service was not available within the Wyong Shire, the next closest contact number was listed.

IMPORTANT NUMBERS

Name

Phone

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Notes

FAMILY SUPPORT CENTRE INC.

The Family Support Centre Inc. is the base for the Activity Van, Family Resource Project including the Solo Parents Group and Community Outreach Project.

The Centre is located at 3 Literary Close Kanwal (behind Kanwal Village Shops). We are easily accessible by public transport.

Our Service offers an extensive range of courses and services such as: Parenting, Personal Development, & Resource library. Regular services offered at the Centre include:

- ⇒ Divorce Papers Assistance can be given in the filling in of your paperwork.
- ⇒ Referrals To appropriate agencies if necessary.
- ⇒ Support We are here to listen & support you in any way we can.
- ⇒ Legal Advice Local Family Law Solicitors attend the Centre and offer FREE advice (By Appointment)
- ⇒ Support Groups The Solo Parents Support Group meets every Thursday of the school term from 10 am to 12 pm, this group offers different topics of interest each week including: community information, personal development and craft.
- ⇒ Individual Counseling By appointment only
- ⇒ Justice of Peace Available by appointment (Tuesday—Friday).

If the staff at the Centre are unable to assist you with any of your inquiries they will point you in the right direction to get the help that you need.

For further information, please call us on **4393 2383**

Website www.familysupportcentre.org.au

NSW Family Services Inc.	www.nswfamilyservices.asn.au
Gosford City Council	www.gosford.nsw.gov.au
Guardianship Tribunal	www.gt.nsw.gov.au
Isis Creations (Women's & Indigenous Issues)	www.isis.aust.com
Kids Help Line	www.kidshelp.com.au
Law Stuff for Under 18's	www.lawstuff.org.au
LINCS Services directory	www.datadiction.com.au
Lone Fathers Association	www.lonefathers.com.au
Mental Health Association of NSW	www.mentalhealth.asn.au
National Association for Prevention of Child Abuse & Neglect	www.napcan.org.au
NSW Commission for Children & Young People	www.kids.nsw.gov.au
NSW Community Legal Centres	www.nswclc.org.au
NSW Government	www.legislation.nsw.gov.au
Ombudsman NSW	www.ombo.nsw.gov.au
Parenting Ideas	www.parentingideas.com.au
Reachout Community Issues	www.reachout.com.au
Road & Traffic Authority	www.rta.nsw.gov.au
Welfare Rights Organisation	www.welfarerights.org.au
Workcover	www.workcover.nsw.gov.au
Wyong Shire Council	www.wyongsc.nsw.gov.au
Yellow Ribbon Suicide Prevention Program	www.suicideprevention.org
Youth Health	www.headspace.org.au

USEFUL INTERNET ADDRESSES

Anti-Discrimination Board	www.lawlink.nsw.gov.au/adb
Australian Legal Information Institute	www.austlii.edu.au
Australian Bureau of Statistics	www.abs.gov.au
Australian Council of Social Services	www.acoss.org.au
Australian Domestic & Family Violence Clearinghouse	www.austdvclearinghouse.unsw.edu.au
Carers Association of NSW	www.carernsw.asn.au
Centrelink	www.centrelink.gov.au
Central Coast Families	www.centralcoastfamilies.com.au
Child Support Agency	www.csa.gov.au
Dads in Distress (DIDs)	www.dadsindistress.asn.au
Department of Health	www.health.nsw.gov.au
Department of Housing	www.housing.nsw.gov.au
Department of Industrial Relations	www.industrialrelations.nsw.gov.au
Department of Community Services	www.community.nsw.gov.au
Divorce Sites	www.familylawcourts.gov.au www.familycourtforms.com.au www.fmc.gov.au/forms www.aussielegal.com.au
Every Child is Important	www.kidscount.com.au
Family Advocacy	www.family-advocacy.com
Family	www.aifs.gov.au

ABORIGINAL SERVICES



Aboriginal Homecare – aged care services. HACC service providing housekeeping, odd jobs, personal care, meals etc. Phone intake line **1300 797606**

Aboriginal Legal Service Phone **9318 2122**

Bungree Aboriginal Association - aged Care, housing, Support, Emergency relief. Phone **4397 7700**

Centrelink Indigenous Services Officer – Phone **4350 6110**

Darkinjung Local Aboriginal Land Council Phone **4351 2930**

Eleanor Duncan Aboriginal Health Centre Phone **4351 1040**

Muru Aboriginal Inc. Employment service. Phone **4355 1511**

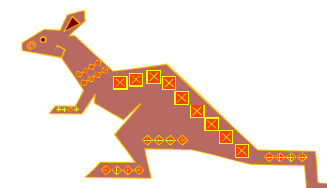
NSCC Area Health. Nunyara Aboriginal Unit – Hospital Liason Officer, Eye Clinic, Dental clinic. Phone **4320 2694**

Wirringa Baiya Women's Legal Centre Phone **1800 686587**

Yarn'n Employment Training & Consultation Service (Sydney) Phone **9319 4000**

Yerin Aboriginal Health Services Phone **4351 0246**
Mobile service Phone **0400 511174**

See Also Counselling page 11-13
Accommodation page 6-7
Health page 20-22



ACCOMMODATION SERVICES/REFUGES

Central Coast Tenants' Advice & Advocacy Service

Advice for tenants about their rights, as well as representation or assistance at hearings of the Tenancy Tribunal

Phone **4353 5515**

Coast Shelter – Crisis and medium term accommodation for youth, families and singles.

Adults Phone 4324 7239

Young Women 4323 1636

Youth 4325 7555

Coast Shelter Wyong Outreach service Short term housing

Phone **4351 0365** Website www.coastshelter.org.au

Community Housing – long term accommodation for low income earners. Must meet criteria to qualify

Coastal Community Tenancy Scheme **4396 5222**

Pacific Link Housing **4324 7617**

Habitat Program

Early intervention program for families at risk of homelessness.

Centrelink - Phone **4350 6123**

Burnside - Phone **4352 3222**

Housing NSW (formerly Dept of Housing)

General enquiries Phone **1800 629212**

Wyong Office Phone **4352 4400**

Website www.housing.nsw.gov.au

providing full time care for their grandchildren.

Phone Lakehaven **43927255** or **43518076**

San Remo **0429914553**

Wyong **43889895**

Grief Support (24 hours)

Phone **94896644**

Homocide victims support group Phone **1800191777**

Lifeline 24 hour phone counselling service. Phone **131114**

Lupus Association of NSW Information and support

Phone **1800802088** Website www.lupusnsw.org.au

Parentline Phone **132055**

SANDS (Stillbirth and Neonatal Death Support)

Phone **4333 1935**

S.I.D.S. (Sudden Infant Death Syndrome)

Provides support to families affected by the death of a child

Phone **1800 651 186** (24 Hrs)

Suicide Helpline Phone **1800191919**



SUPPORT GROUPS/HELPLINES

ADD / ADHD Support Group

Phone **4353 9241** or **04394 93445**

Alcoholics Anonymous (AA) Phone **4323 3890**

ARAFMI (Association of the Relatives & Friends of the Mentally Ill) Support agency for the relatives and friends of the mentally ill. Phone **4369 4233** or **4369 4236** or **4334 3666** or **1800 655 233**

ASCA Advocates for Survivors of Child Abuse

Phone **1300657380** Website www.asca.org.au

Candles Cancer Support Group Meets fortnightly at Lake-lands Community Centre. Phone **43935017**

Chronic Fatigue Society of NSW Information and support

Phone **99048433** Website www.me-cfs.org.au

Dads In Distress Phone **1300853437**

Wyong Group **0425383245**

Family Inclusion Network (FIN) Support group for parents with children in Foster Care or about to be taken into care by DoCS. Phone **0417282795** or **0450521610**

Gamblers Anonymous (G-Line) Phone **9564 1574**

Grandparents Support Group for Grandparents who are

Katakudu Women's Housing – medium term supported accommodation for Women and their children.

Phone **4353 2103**

Samaritans, Youth Crisis Service – Information and Referrals. Phone **1800 171800** (Business hours)

Wesley Independent Living Program – Medium term supported accommodation for youth at risk of homelessness. Phone **4329 6501**

Women's Refuges – Emergency Accommodation and Support for Women and children who are escaping domestic violence. (Call Domestic Violence Helpline Page 13 for more information on refuges)

Toukley **4396 4263**

Woy Woy **4340 1052**

Woy Woy Youth Cottage

Short term crisis accommodation for youth aged 12-17.

Phone **4341 9027**



AGED CARE & DISABILITY SERVICES

ADSSI –Aged and Disability Support Services.

Social Support, Domestic Help and Home Maintenance services **Phone 4334 2633**

Baptist Community Services – provides in home respite, personal care and social support for people with disability and frail aged. **Phone 4340 8150**

Central Coast Disability Network - provides information, referral and support to people acquired brain injury
Phone 4324 2355

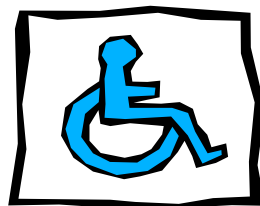
Commonwealth Carelink and Respite Centre 1800 052 222
Carer support line & emergency respite **1800 059059**

R.A.I.S.E – Parent & Community Support for children with disabilities, disorders and syndromes **Phone 4329 5005**

Wesley School for Seniors Day respite **Phone 4353 9965**

Wyong Community Transport – transport for frail aged, people with a disability and their carers (costs involved)
Phone 4392 5633

Wyong Shire Food Services – Meals on wheels, for frail aged, disabled and their carers. **Phone 4333 6940**



Child Abuse Prevention Line Phone **1800 688 009**

Childrens Contact Service Relationships Aust. provides changeover and supervised contact for families on the Central Coast. **Phone 1300 364277**

Family Support Centre Inc. For more details, see page 4
Phone 4393 2383

Family Inclusion Network (FIN) Support group and information for parents with children in Foster Care or about to be taken into care by DoCS. **Phone 0417282795 or 0450521610**

Gosford Family Support Support for families of children 0-16 years. **Phone 43401585**

Granparents Raising Grandchildren Support worker
Phone 43401585 (also see support groups page 24)

Horizons Family Services Family Support, Parenting Courses, Counselling, Information and referral.
Phone 4334 3377

Kookaburra (Family Care) Cottage
The Cottage provides support and information for parents of children 0-5 yrs. **Phone 4394 8229**

Parent Line 24 hour helpline for Parents. **Phone 132 055**

See also Community Centres/Neighbourhood Centres pg 9
Counselling pg 11-13

MULTICULTURAL GROUPS AND SERVICES

Central Coast Multicultural Family Support & Settlement

Grants Project (formerly known as CC Multicultural Project)

Support, information and referral for the multicultural

Community Phone **43343877**

Centrelink Multilingual Services (CMS)

Phone **131 202** Multicultural Service Officer **4328 6319**

Community Relations Commission

Phone **4929 4191**

Website www.crc.nsw.gov.au

Interpreter Service 24 Hrs **1300 651 500**

Migrant Resource Centre

Phone **0411 796 312**



PARENTING/FAMILY SUPPORT

Aunites and Uncles Voluntary service providing respite care

for children of single parents. Phone **4369 6199**

Burnside Parent education groups and programs.

Phone **1800067967**

CentreCare 'Hey Mum' & 'Hey Dad' Programs for separating

parents to help them understand the impact of separation on

kids and how you can help them through. Phone **43246403**

CHILDREN & YOUTH SERVICES

After School Hours/Vacation Care

Toukley Neighbourhood Centre - After school care **4396 1555**

San Remo After school care **4399 2242**

Wyong After school care **4351 1930**

Family Day Care - After school care **4352 2657**

Vacation Care – all bookings and information **4350 5387**

Family Day Care & CC In Home Care – Home based child

care for 0-12 years. Phone **4352 2657**

Family Support Centre – Activity Van

Mobile playgroup. Operates at Kanwal,

Lake Munmorah, Dooralong and

Yarramalong. Phone **4393 2383**



Long Day Care Centres 7am-6pm.

Toukley **4397 1268** Killarney Vale **4334 6395**

San Remo **4390 8370** Berkley Vale **4388 4377**

Wattanobi **4352 2281** Kanwal **4393 2357**

Playgroup Association NSW For Information on a playgroup

in your area. Phone **1800 171 882**

Kanwal Playgroup Phone Melissa **4353 4140**

Supported Playgroups – Burnside

Worker provides activities for kids 0-6 and support

and information to parents/grandparents/carers.

Phone **4352 3222**

Youth Services

Gravity Youth Centre Lakehaven Phone **4393 9555**

Links Youth Service Recreational programs,
Information & Referral. Phone **4390 7888**

Oasis Youth Centre Phone **4353 9799**



COMMUNITY CENTRES & NEIGHBOURHOOD CENTRES

Each Centre will provide different services, according to the needs of their local community. Generally speaking, services offered include; parenting programs, self development courses, financial assistance (Neighbourhood Centres only) craft groups and other activities for adults and children. Contact individual Centre to find out what they offer. Please note SaCC's = Schools as Community Centres, NC = Neighbourhood Centre, CC = Community Centre

Banksia Family Centre	4334 3390
Bateau Bay (Cynthia St CC)	4332 7450
Berkley Vale NC	4388 5801
Blue Haven	4399 2922
Blue Haven SaCC's	4399 0167
Louise House	4392 7255
Northern Lakes Family Centre	4358 3487
San Remo SaCC's	4390 9718

Court Houses

Phone	Gosford	4304 6922	Fax	4323 3570
	Wyong	4350 3010	Fax	4350 3050

Domestic Violence Advocacy Service

Free legal advice, representation and referral service for women, which assists in all areas of domestic violence.

Phone **1800 810 784** TTY **1800 626 267**

Family Support Centre Inc.

FREE Family Law Solicitor advice, every second Thursday by appointment only. Phone **4393 2383**

Indigenous Women's Legal Contact Line **1800 639 784**

Law Access Centre NSW Info. on laws regarding debt
Phone **1300 888 529** Website www.info.lawaccess.nsw.gov.au

Legal Aid Commission

Free legal representation for eligible applicants (income tested)
Phone **4324 5611** or **1300 888 529**

Legal Aid Hotline For Young People (Under 18)

Mon-Fri 9 am till midnight, weekends 12pm until midnight
Phone **1800 101810**

Northern Womens Health Centre Free legal advice for women, by appointment only. Phone **43511152**

Women's Legal Resource Centre

Phone **1800 801 501** or **9749 5533**

Wyong **43511152**
Wyoming **43242533**

Toukley NC **4396 1555**
Warnervale CC **4392 8734**
Watanobbi CC **4351 2860**
Wyong NC **4353 1750**
Wyong SaCC's **4352 3637**

Pregnancy Helpline Phone **1300 139 313**

LEGAL ADVICE/SERVICES

Central Coast Children's Court Assistance Scheme

Phone **4353 0111**

Central Coast Community Legal Centre

Provides free legal information, advice / referral for disadvantaged people living, working or studying on the Central Coast
Phone **4353 4988**

Website www.centralcoastlegalcentre.org.au

Central Coast Domestic Violence Court Assistance Scheme

Phone **4304 6941**

Gosford **4325 6941** or **0408 256 941**

Wyong **4350 3064** or **0408 256 941**

Community Justice Centre

Provides **FREE mediation** to any parties in dispute who have an ongoing relationship. Those who are not in an ongoing relationship and prefer not to litigate can also apply.

Phone **1800 990 777**

COUNSELLING SERVICES

Area Health - central intake Phone **4320 3500**

Centrecare – Wyong Counselling for Individuals, Couples and Children. Phone **4350 1700**

Coast Care Counselling at Warnervale Phone **43928734**

Family Care Cottage (Wyong Hospital) Free Counselling for Women with children 0-5, for Domestic Violence, Anxiety and Depression. Phone Central Intake line **4328 7901**

Family Support Centre short term, individual counselling service. Phone **4393 2383**

Financial Counselling – Louise House Phone **4392 7255**

Horizons Family Support & Counselling Service
Phone **4334 3377**

Interrelate Counselling and Mediation, with a focus on families in the process of separation. Phone **4363 8050**

LifeCare – Wyong Counselling & domestic violence programs for men, women, and children. Phone **4352 3850**

Lifeline 24 hour phone counselling service. Phone **131114**
Financial Counselling Phone **43236105**

Mensline Short Term Counselling. National telephone counseling, information and referral service for men dealing with family and relationship concerns. Phone **1300 789 978**

Nothern Women’s Health Centre (Rose Cottage)
Counselling for women. Phone **4351 1152**

San Remo Neighborhood Centre Counselling Service.
Phone **4390 7888**

Unifam - Gosford Mediation & Counselling. Also Support for Children after separation—groups and counseling.
Phone: **4325 9666**

Wesley Counselling
Individual, couples and Families
Phone **4351 0116**



COUNSELLING for YOUTH

Area Health Anger Management Phone **4320 2856**

Biala Cottage Sexual Assault counselling - Gosford
Phone **4320 3175**

Central Coast Pregnancy Counselling Phone **4324 6246**

Wyong / Kanwal

4394 8270 or **4394 8229**

Central Coast Kids in Need Inc

Provides assistance with accommodation expenses to Central Coast families of children with cancer / prolonged illnesses while in hospital. Phone **4332 4848**

Child and Family Health

A division of the CC Area Health Team. Counseling, medical services, pediatrician. Family groups with children under 14.
Phone **4328 7900**

Ycentral for Youth, General Health & Early intervention service for young people at risk of mental health problems.
Gosford. Phone **4304 7870** Website www.headspace.org.au

Youth Health Services Wyong, Phone **4356 9333**

Health—Mental Health

CC Mental Health Services Provides a wide range of services. Mental Health Intake Line, Phone **4320 3500**

Mental Health Acute Care Team (24 Hrs) Phone **4320 3170**

Health—Women

Centacare Termination Advice Phone **4324 6246**

Central Coast Women's Health Centres Counselling, Self-development programs & medical services.

HEALTH SERVICES

A.I.D.S Hotline

Support & advice **Phone** 1800451600 or 9332 9700

Cancer Information Information and support **Phone** **131120**

Website www.cancer.org.au

Central Coast Area Health Service—Hospitals

Wyong **43948000**

Gosford **43202111**

Central Coast Hearing Services

Phone **4324 2088** or Australian Hearing **131 797**

Dental Clinics

FREE for infant and primary school aged children, or Centrelink Benefit recipients. Intake line **1300 789 404**

Hearing Tests - Free at Wyong and Gosford Hospitals

Phone **4320 3121**

Hepatitis C Helpline Phone **1800 803 990**

Health—Children and youth

Baby Health Centres

Advice, information for parents & health checks for Baby.

Lakehaven & Lake Munmorah **4393 7777**

Long Jetty **4336 7800**

Toukley **4396 5111**

Kids Helpline Counselling for 5-25 year olds by Phone, Web and email. Phone **1800 551800**

Website www.kidshelpline.com.au

RAPT for young people and their families Phone **4325 9600**

YFC – Tumby. Counselling for Young People and their families Phone **4388 9595**

Youth Health Phone **4356 9333**

DOMESTIC VIOLENCE

Domestic Violence Line 24 hours. Information, support and referral. Phone **1800656463**

Domestic Violence Court Assistance Scheme Wyong Court Support, assistance with AVO's, information and referrals. Phone **43503064**

Lifecare – Living Beyond Abuse program for women. Groups also for children and men. Phone **43523850**

<u>Refuges</u>	Toukley	Phone 4396 4263
	Woy Woy	Phone 4340 1052
	Gosford	Phone 4324 7239

See also Counselling Services Pg 11-12
Neighbourhood Centres Pg 10-11
Emergency numbers Pg 30
Legal services pg

DRUGS & ALCOHOL



Alcoholics Anonymous, Al Anon and Al-Ateen Phone **43233890**

CC Drug & Alcohol Central Intake Line Phone **43944880**

Central Coast Area Health Phone **43948229**

Kamira farm women's residential drug & alcohol program, and outreach program. Phone **43921341**

Narcotics Anonymous Phone **43250524**

Selah Farm Women's residential drug and alcohol program. Phone **43884588**

"The Glen" Men's residential programme. Phone: **43886360**

Toukley community Health Centre Drug & Alcohol service
Phone **43965111**

See also

Support groups pg 26-27

Counselling Page 11-12

Health pg 20-22



GOVERNMENT REPRESENTATIVES

Commonwealth (Federal)

Craig Thompson, Member for Dobell
PO BOX 5253

Chittaway Bay NSW 2261

Phone **4351 1223** Fax **4353 6480**

Jill Hall Member for Shortland

26 Macquarie Street

Belmont 2280 NSW

Phone **4947 9711** Fax **4947 9722**

Jill.Hall.MP@aph.gov.au

State (NSW)

Grant McBride Member for The Entrance

24 The Entrance Road

The Entrance 2261 NSW

Phone **4334 1012** Fax **4334 3840**

David Harris Member for Wyong

243 Main Road

Toukley 2263 NSW

Phone **4397 1000** Fax **4397 1012**

GOVERNMENT DEPARTMENTS

Centrelink

Phone	Disability, Sickness & Carers	132717
	Employment	132850
	Multilingual Call	131202
	Youth and Student Services	132490
	Family Assistance	136150
Website	www.centrelink.gov.au	

Child Support Agency Phone **131272**

Website www.csa.gov.au

Department of Community Services DoCS

Wyong, Phone **43526500** 24 hour Helpline **132111**

Website www.community.nsw.gov.au

Department of Fair Trading Consumer complaints. For all your concerns about purchases, repairs, services etc.

Phone **133 220** Website www.dft.nsw.gov.au

Housing NSW

Phone **4352 4400** Website www.housing.nsw.gov.au

Road and Traffic Authority (R.T.A)

Phone **132 213** Website www.rta.nsw.gov.au

Traffic Infringement Inquiries Phone **1300 138 118**

Wyong Shire Council

Phone **4350 5555** Website www.wyongsc.nsw.gov.au

EMPLOYMENT AND EDUCATION

Centrelink Phone **132850** Website www.centrelink.gov.au

Reading and Writing Hotline Assistance for adults wanting to improve their Literacy and numeracy skills.

Phone **1300 655 506** Website www.literacyline.edu.au

T.A.F.E NSW Phone *Wyong* **4350 2222**

Outreach **4350 2370**

Ourimbah **4348 4000**

Gosford **4348 2222**

Website www.tafensw.edu.au

Tuggerah Lakes Community College Phone **4388 4574**

Website www.tlcc.nsw.edu.au

Tutoring Service "YourTutor" free online tutoring service for students in years 4-12. Provides homework help from trained, professional tutors for 4 hours each weekday afternoon.

Access via Wyong Council's website www.wyong.nsw.gov.au

University Of Newcastle Ourimbah Campus

Phone **43484000**

Website www.newcastle.edu.au/location/central-coast

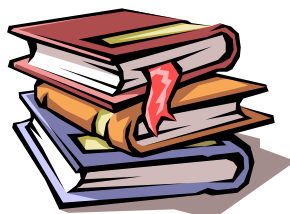
Workwise *Links to Learning* program.

Help for students at risk of leaving school early.

Phone **4392 6530** Website www.workwiseinc.com.au

Workwise Central Coast Specialises in employment and training programs that support and encourage people to realise their potential within the workplace and community
Phone **4353 2199** Website www.workwiseinc.com.au

Youth Connections assistance for 13-19 year olds with education, training and employment Phone **4322 8600**
Website www.youthconnections.com.au



FINANCIAL AND MATERIAL AID

Credit Line Financial advice and info Phone **1800 808 488**

Neighbourhood Centres

Emergency relief for food, electricity etc. Location restrictions apply to food parcels. (Also see page 10)

Phone *Toukley* (postcodes 2262 & 2263) **4396 1555**

Wyong (postcodes 2258 & 2259) **4353 1750**

N.I.L.S. (No Interest Loan Scheme)

Loans for low income families for the purchase of white goods and household necessities. Toukley Neighbourhood Centre.

Phone **4396 1555**

Salvation Army For assistance with food, clothing, furniture and electricity accounts. Phone **4393 1686**

Samaritans Foundation

Emergency assistance with food, clothing and financial aid.
Emergency Relief Gorokan-Mon, Wed, Fri 10 am-12.30 pm
Phone **4393 2450**

St Vincent De Paul

For assistance with food, clothing, furniture & electricity accounts.

Phone	<i>Call Centre</i>	4353 3799
Shops	<i>Toukley</i>	4396 3001
	<i>Wyong</i>	4353 1344
	<i>The Entrance</i>	4353 3799

The Smith Family For assistance financially, with clothing, food & electricity accounts. Some cash available as emergency assistance. Phone **4334 7844**

