



**EXPRESSIONS OF INTEREST ARE BEING TAKEN FOR THIS
SUCCESSFUL PROGRAM for 2010**

SEASONS FOR GROWTH IS A PEER SUPPORT PROGRAM FOR CHILDREN AND ADULTS WHO HAVE EXPERIENCED CHANGE IN THEIR FAMILY BECAUSE OF DEATH, SEPARATION, DIVORCE, MOVING, NEW FAMILY SITUATIONS ETC



Kanwal Family Support Centre Inc. offers this program for children from 7-12yrs in a safe and supportive environment providing an opportunity to:



- * Express how change and loss have impacted on their lives
- * Discover ways of managing feelings
- * Explore coping strategies in a safe, supportive environment
- * Realise who their support networks can be
- * Build hope for a positive way forward.

**NOT SURE IF THIS IS THE RIGHT GROUP FOR YOUR
CHILD?**

To find out more about this program and whether it may help your son/daughter, please feel free to call Jayne on the contact numbers below.

When: Wednesdays during school terms (programs are held when sufficient numbers are reached)
(each program runs for 8 weeks)

Where: Lakelands Community Centre, Kanwal (also known as Family Support Centre)

Time: 3.30 - 4.30pm

Cost: \$3 per week donation (covers cost of journal)

CONTACT: To book or to find out more information call Jayne at Kanwal Family Support Centre on - 4393 2383 or email jayne@fscentre.ngo.org.au

