

COMMUNITY OUTREACH PROGRAM

Kanwal Family Support Centre Inc.

Presents...

RAISING BOYS 2010



Expressions of interest are now being sought for this popular 6 session parenting group for parents/carers raising sons up to the age of 12 years. We share ideas and experiences in a supportive, fun and non-judgmental atmosphere.

Topics include:

- What's great about raising boys
- Masculinity and gender stereotypes
- Communication
- Dealing with emotions, including anger and frustration
- Setting boundaries
- Self Esteem & Feelings

When: Wednesdays 17th Feb to 24th March (6 weeks)

Times: 10.00 to 12.00 noon

Venue: San Remo Neighbourhood Centre
28 Brava Ave San Remo

Cost: \$3 donation per session ...
Child Care is available \$2/family (bookings required)

Please phone Jayne at Family Support Centre on 4393 2383
for more information or to book for this course.